

## TEXT OF PROPOSED REGULATION ACTION

### Minimum Content Requirements for Instructor Courses

#### Regulation 1082

#### 1082. Minimum Content Requirements for Instructor Courses

[(a) **Minimum Course Content – Firearms Instructor remains unchanged...except for]**

##### First Aid/CPR/AED Instructor

- (1) Role of the public safety first aid provider
- (2) Heart attack and sudden cardiac arrest
- (3) CPR and AED for adults, children, and infants, following current AHA Guidelines
- (4) Management of foreign body airway obstruction on adults, children, and infants
- (5) Recognition and identification of adult and pediatric patients for both medical and traumatic emergencies
- (6) Medical emergencies
- (7) Burns
- (8) Facial injuries
- (9) Environmental emergencies
- (10) Bites and stings
- (11) Poisoning
- (12) Signs and symptoms of psychological emergencies.
- (13) Patient movement
- (14) Tactical and rescue first aid principles applied to violent circumstances;
- (15) Orientation to the EMS system
- (16) Trauma emergencies;
- (17) Adult learning concepts
- (18) Legal issues
- (19) Performance evaluation techniques
- (20) Safety protocols
- (21) Written and/or oral assessment of cognitive skills
- (22) Demonstration of technical skills competency

**[First Aid/CPR Instructor...remains unchanged]**

##### First Aid/CPR Instructor Transition

- (1) Review of First Aid/CPR/AED Course content
- (2) AED for adults, children, and infants, following current AHA Guidelines
- (3) Integration with EMS to include active shooter incidents
- (4) Minimum equipment and first aid kits
- (5) Secondary assessments
- (6) Patient history
- (7) Breathing difficulties including asthma and COPD
- (8) Assisted Naloxone administration and accessing EMS
- (9) Dental emergencies
- (10) Drowning
- (11) Assisted administration of Epinephrine auto injector and accessing EMS
- (12) Exposure to chemical, biological, radiological, or nuclear (CBRN) substances
- (13) Signs and symptoms of psychological emergencies
- (14) Patient movement
- (15) Tactical and rescue first aid principles applied to violent circumstances
- (16) Hemostatic dressings, wound packing, and chest seals
- (17) Written and/or oral assessment of cognitive skills
- (18) Demonstration of technical skills competency

**TEXT OF PROPOSED REGULATION ACTION**  
**Minimum Content Requirements for Instructor Courses**  
**Regulation 1082**

**[Force Options Simulator Instructor - Train-the-Trainer Course for Response Personnel (SEMS/NIMS/ICS) remains unchanged]**

Note: Authority cited: Sections 13503, 13506, and 13519.12, Penal Code.  
Reference: Sections 13503(e), 13519.4, and 13519.12, Penal Code.