

**Commission on Peace Officer Standards and Training**

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Date: May 9, 2014

Bulletin: No. 2014-09

Subject: **Cardiovascular and Respiratory Screening Guidelines Updated in the Medical Screening Manual for California Law Enforcement**

The POST Medical Screening Manual for California Law Enforcement provides examination and evaluation protocols to assist agencies and screening physicians in the conduct of these evaluations in accordance with Government Code section 1031(f) and Commission Regulation 1954. The Manual is organized into 12 separate body systems to allow for updates as necessitated by medical advances and legal developments. Since its inception in 1993, a number of chapters have been updated.

For the first time since its initial issuance, the [Cardiovascular](#) and [Respiratory](#) chapters have been revised and are available on the POST website. In addition to incorporating the advances in medical science, the new chapters now include guidance on additional conditions, such as sleep apnea and Chronic Obstructive Pulmonary Disease (COPD), as well as specific cardiovascular conditions and associated risk factors.

Work continues on updating the Manual, with revisions to the Musculoskeletal, Vision, and Hematology chapters due later this year.

Questions about this project should be directed to Shelley Spilberg, Ph.D. at (916) 227-4824, or Personnel Selection Consultant Melani Singley, at (916) 227-4258, Standards, Evaluation, & Research Bureau.

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